



2009 CARDIOVASCULAR Health Summit

FRIDAY, APRIL 3

HOLIDAY INN DOWNTOWN AT THE PARK, MISSOULA

WHO SHOULD ATTEND?

- ♥ Physicians
- ♥ Dietitians
- ♥ Exercise Physiologists
- ♥ Nurses
- ♥ Pharmacists
- ♥ Pharmacy Technicians
- ♥ Health Educators
- ♥ Respiratory Care Therapists
- ♥ Physical Therapists
- ♥ Interested Others

WHY SHOULD YOU ATTEND?

To become aware of new, evidence-based methods of preventing and managing cardiovascular disease and associated risk factors.

THE CARDIOVASCULAR HEALTH SUMMIT IS SPONSORED BY:

- ♥ Montana Department of Public Health & Human Services, Montana Cardiovascular Health Program
- ♥ Montana Nutrition and Physical Activity Program

COURSE DESCRIPTION:

The Montana Cardiovascular Health (CVH) Summit is a continuing education course for health professionals, which will highlight promising methods of preventing and managing cardiovascular disease and associated risk factors. Sessions will focus on primary and secondary prevention of heart disease using clinical and public health approaches.

OVERALL COURSE OBJECTIVES:

At the conclusion of this educational activity, participants should be able to:

- ♥ Identify methods to promote cardiovascular health and treat cardiovascular disease.
- ♥ State the importance of prevention to reduce the burden of cardiovascular disease in Montana.

CONTINUING EDUCATION CREDITS

The Montana Department of Public Health and Human Services is affiliated with the University of Washington School of Medicine.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

OTHER ENTITIES RECEIVING APPLICATIONS FOR CE APPROVAL ARE:

- ♥ American Dietetic Association
- ♥ Montana Board of Pharmacy
- ♥ Montana Board of Respiratory Care
- ♥ Montana Chapter—American Physical Therapy Association
- ♥ Montana Nurses Association

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AGENDA

7:00–8:00 Registration & Continental Breakfast

8:00–8:05 Opening

8:05–9:05 **KEYNOTE**
LONG-TERM BEHAVIOR MODIFICATION FOR OBESITY AND TYPE 2 DIABETES

- Anthony Fabricatore, PhD, Assistant Professor in Psychiatry—Center for Weight and Eating Disorders, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania

9:05–9:15 **STRETCH BREAK**

Sessions from 9:15 am–2:45 pm are concurrent with two options. You may alternate between the 2 tracks.

TRACK 1 BREAKOUTS—Clinical Care of Patients with CVD or Risk Factors

TRACK 2 BREAKOUTS—Promising Practices in Cardiovascular Health

9:15–10:15 **TRACK 1**
ST-SEGMENT ELEVATION MYOCARDIAL INFARCTION: EVIDENCE-BASED PERFUSION STRATEGIES

- Scott Sample, DO, Interventional Cardiologist—Billings Clinic, Billings

TRACK 2
TAKING THE POSITIVE APPROACH: EATING TO IMPROVE VASCULAR HEALTH

- Sharon Smalling, MPH, RD, Clinical Dietitian Specialist—Memorial Hermann Hospital, Texas Medical Center, Houston, Texas

10:15–10:45 **NUTRITION BREAK/EXHIBITOR SESSION**

10:45–11:45 **TRACK 1**
NATURAL TREATMENT OF HYPERTENSION

- Mark Houston, MD, MS, Associate Clinical Professor of Medicine and Director—Hypertension Institute, Vanderbilt University School of Medicine, Nashville, Tennessee

TRACK 2
PROMOTING THE CARDIOVASCULAR HEALTH OF PEOPLE WITH DISABILITIES: RESEARCH, PROGRAMS AND PROGRESS

- Dorothy Nary, MA, NIH Doctoral Trainee—Gerontology Center, The University of Kansas, Lawrence, Kansas

11:45–12:45

TRACK 1

TRANSIENT ISCHEMIC ATTACK: OPPORTUNITY FOR PREVENTION

- Nicholas Okon, DO—Billings

TRACK 2

TRANSLATING AN EVIDENCE-BASED STRATEGY FOR DIABETES PREVENTION: RESEARCH TO REAL WORLD

- Kaye Kramer, BSN, MPH, DrPH,
Director—Diabetes Prevention Support
Center, University of Pittsburgh,
Pittsburgh, Pennsylvania

12:45–1:45

LUNCH/CONTINUE EXHIBITOR SESSION

1:45–2:45

TRACK 1

DID GRANDMA GIVE YOU HEART DISEASE?

- H. Robert Superko, MD, FACC, FAMA,
FACSM, FAACVPR, Executive Director
—Center for Genomics and Human
Health, Saint Joseph's Translational
Research Institute, Atlanta, Georgia

TRACK 2

PHYSICAL ACTIVITY GUIDELINES FOR AMERICANS—2008: IMPLICATIONS FOR CARDIOVASCULAR DISEASE PREVENTION AND MANAGEMENT

- William Haskell, PhD, Professor of
Medicine—Stanford University School of
Medicine, Stanford, California

2:45–3:00

STRETCH BREAK

3:00–4:00

PLENARY—DEPRESSION AND HEART DISEASE: RECENT DEVELOPMENTS

- Kenneth Freedland, PhD, Professor of
Psychiatry and Clinical Psychologist
—Washington University School of
Medicine, St. Louis, Missouri

REGISTRATION

PLEASE CHECK YOUR PROFESSION:

- | | |
|---|--|
| <input type="radio"/> Dietitian | <input type="radio"/> Pharmacy Technician |
| <input type="radio"/> Exercise Physiologist | <input type="radio"/> Physician |
| <input type="radio"/> Health Educator | <input type="radio"/> Physical Therapist |
| <input type="radio"/> Nurse | <input type="radio"/> Respiratory Care Therapist |
| <input type="radio"/> Pharmacist | <input type="radio"/> Student |
| <input type="radio"/> Other _____ | |

Name _____

Organization _____

Address _____
Street or Box Number

City State Zip

Email address _____
(print legibly)

Phone _____
Confirmation letter will be sent electronically, if email provided.

If you have food allergy dietary restrictions, please state:

REGISTRATION FEE: Includes all handouts for the day, healthy start continental breakfast, morning break, lunch, and instructions to apply for continuing education credits.

- ☐ \$65 through February 28 (Student fee—\$35)
- ☐ \$80 March 1—March 21 (Student fee—\$40)
- ☐ \$100 March 22—April 3 (Student fee—\$50)

The Montana Department of Public Health and Human Services attempts to provide reasonable accommodations for any known disability that may interfere with a person participating in any service, program or activity of the Department. Alternative accessible formats of this document will be provided upon request. Please notify Gail at 406-442-4141 to request accommodations or alternative formats.

REGISTRATION TIPS

- Early registration is recommended.
- Payment must be included with the registration form.
- Make check payable to Department of Public Health & Human Services (DPHHS). Tax ID Number is 81-0302402.
- Mail registration and payment to Gail Brockbank, Summit Conference Coordinator, PO Box 217, Helena, MT 59624.
- A processing fee of \$20 will be assessed if registration is cancelled prior to March 21.
- Refunds not available after March 21.
- Please complete one form for each participant. You may copy this form or download a form at <http://montanacardiovascular.mt.gov> under "Conferences."
- A confirmation letter, including directions to the Holiday Inn Downtown at the Park, will be provided to each registrant.

LODGING

A room block rate of \$84 plus tax (state rate) is available for all meeting participants. Ask for the CVH Summit block. Room block releases March 5. Call **406-721-8550** to make your reservations or book lodging online from the Conferences section of <http://montanacardiovascular.mt.gov>.

QUESTIONS ABOUT THE SUMMIT?

Contact Gail at Premier Planning: **406-442-4141** or gailb@mt.net

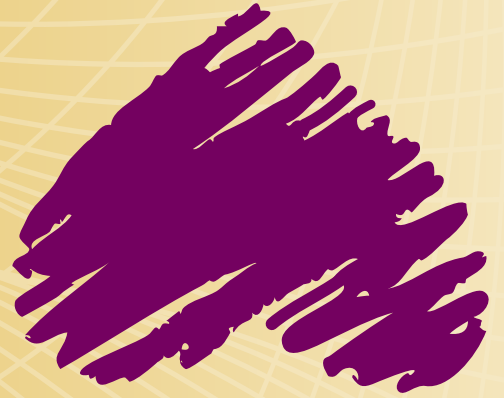
This publication was supported through a cooperative agreement (5U50 DP000736-02) with the Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention and through the Montana Department of Public Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the US Department of Health and Human Services.

- ♥ Course objectives
- ♥ Continuing education information
- ♥ Complete agenda—topics and speakers
- ♥ Registration information

INSIDE YOU WILL FIND:

FRIDAY APRIL 3, 2009
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